<table>
<thead>
<tr>
<th>Number</th>
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<tr>
<td>253</td>
<td>Badminton</td>
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<td>246</td>
<td>Baseball</td>
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<td>247</td>
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BASEBALL

Facility Specification Guide

FOR MORE INFORMATION CONTACT:

USA Baseball
(919) 474-8721
www.usabaseball.com

American Amateur Baseball Congress
(505) 327-3120
www.aabc.us

National Collegiate Athletic Association
(317) 917-6222
www.ncaa.org

(Diagram courtesy of the NCAA.)

(Diagrams courtesy of USA Baseball.)
BASKETBALL

FOR MORE INFORMATION CONTACT:

National Basketball Association
(212) 407-8000
www.nba.com

National Federation of State High School Associations
(317) 972-6900
www.nfhs.org

National Collegiate Athletic Association
(317) 917-6222
www.ncaa.org

(Diagram courtesy of the NBA.)

(Diagram courtesy of the NCAA.)

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BASKETBALL

HIGH SCHOOL

IF COURT IS LESS THAN 74-FEET LONG, IT SHOULD BE DIVIDED BY TWO LINES, EACH PARALLEL TO AND 40 FEET FROM THE FARTHER END LINE.

DIVISION LINE

MINIMUM OF 3 FEET

PROBABLY 10 FEET OF UNOCCUPIED SPACE OUTSIDE. IF IMPOSSIBLE TO PROVIDE 3 FEET, A NARROW BROKEN 1-INCH LINE SHOULD BE MARKED INSIDE THE COURT PARALLEL WITH AND 3 FEET FROM THE EDGE.

5 TO OUTSIDE EDGE

19' 9" TO OUTSIDE EDGE

18' 10"

18' 10" TO OUTSIDE EDGE OF LINE

OPTIMUM LENGTH IN FEET INDOOR:
ALL LINES SHALL BE 2 INCHES WIDE: PRACTICAL ZONES EXCLUDED. END LINES AND WALKING SHOUL W BE A MINIMUM OF 2 INCHES IN WIDTH.

6 TO OUTSIDE EDGE

5 TO OUTSIDE EDGE

6 TO OUTSIDE EDGE

(317) 972-6900
www.nfhs.org

FOR MORE INFORMATION CONTACT:
National Federation of State High School Associations
(317) 972-6900
www.nfhs.org

FIELD HOCKEY

Field Hockey Field Diagram

(Diagram courtesy of the NFHS.)
Note: Game administration may place on the field of play, 4 inches from each sideline, yard-line extensions that should be 24 inches in length and 4 inches in width; and/or, at each yard line, numbers that should be 6 feet in height and 4 feet in width. The tops of the numbers should be 9 yards from the sideline and may include directional arrows next to the yard-line numbers indicating the direction toward the nearest goal line.

Note: Game administration may place on the field of play, at the inbounds lines, yard-line extensions that should be 24 inches in length and 4 inches in width.
ICE HOCKEY

FOR MORE INFORMATION CONTACT:

National Hockey League
(212) 789-2000
www.nhl.com

National Federation of State High School Associations
(317) 972-6900
www.nfhs.org

National Collegiate Athletic Association
(317) 917-6222
www.ncaa.org

(Diagrams courtesy of the NHL.)
ICE HOCKEY

ADULT AND YOUTH

Note: Posts with flags must exhibit a minimum height of 1.2 meters above ground.

USA Hockey
(719) 576-8724
www.usahockey.com

FOR MORE INFORMATION CONTACT:

USA Rugby
(303) 539-0300
www.usarugby.org

RUGBY

Note: Posts with flags must exhibit a minimum height of 1.2 meters above ground.

FOR MORE INFORMATION CONTACT:

USA Rugby
(303) 539-0300
www.usarugby.org
LACROSSE

FOR MORE INFORMATION CONTACT:

US Lacrosse
(410) 235-6882
www.uslacrosse.org

National Collegiate Athletic Association
(317) 917-6222
www.ncaa.org

National Federation of State High School Associations
(317) 972-6900
www.nfhs.org

NCAA Lacrosse Field Dimensions:

**Diagram courtesy of the NFHS.**

Note: On the NCAA lacrosse field, the special substitution area replaces the table area. The bench and substitution/table areas may be located on either side of the field, provided they remain together.

USA Badminton
(719) 866-4808
www.usabadminton.org

FOR MORE INFORMATION CONTACT:

MEN'S & BOYS' BADMINTON

WOMEN'S & GIRLS' BADMINTON

USA Badminton
(719) 866-4808
www.usabadminton.org

FOR MORE INFORMATION CONTACT:

USA Badminton
(719) 866-4808
www.usabadminton.org

Notes:
- Court can be used for both singles and doubles play.
- Dimensions determined by the Badminton World Federation.

DIMENSIONS:

USA Badminton
(719) 866-4808
www.usabadminton.org

FOR MORE INFORMATION CONTACT:

USA Badminton
(719) 866-4808
www.usabadminton.org
RACQUETBALL/HANDBALL

Note: A racquetball court may be converted into an international 20-foot singles squash court. The width of the floor, front wall, back wall and corresponding lines of the standard international singles squash court must be decreased from 21 feet to 20 feet, and the width of the short line must be decreased from 10 feet, 6 inches to 10 feet.

(Signs courtesy of USA Racquetball.)

FOR MORE INFORMATION CONTACT:
USA Racquetball
(719) 635-5396
www.usaracquetball.com

FOR MORE INFORMATION CONTACT:
US Squash
(212) 268-4090
www.ussquash.com
**OUTDOOR**

*Diagram courtesy of the Federation Internationale de Football Association.*

**INDOOR**

*Note: All line markings are either 4 or 5 inches wide. Goals are 8 feet high by 14 feet wide by 5 feet deep.*
SOFTBALL

Note: NCAA rules require a pitcher’s lane consisting of 8’ lines drawn from the outer edges of the pitcher’s plate toward the inside edges of the inside front corners of the batter’s boxes. NCAA coaches’ boxes each consist of two lines: one 15’ line parallel to and 8’ from the baseline extended from the back edge of the base toward home plate and one 3’ line perpendicular to the end of the 15’ line that is closest to home plate. NCAA fence minimum distances are 210’ in right and left field and 230’ (and not more than 235’) in center. For all new construction after 2016, it is required that the fence be 6’ or higher and be a minimum of 190’ in left and right fields and 220 in center field. By 2017, an institutional field with a 4’ fence must be a minimum of 210’ in left and right fields and 230’ in center field, and it is highly recommended that a municipal field be at those same distances. The only difference between college and high school is the pitching distance. Some high school state associations are using a 43-foot pitching distance. The slow-pitch pitching distance for high school 12” softball may be 50’ (by state association adoption).

High School fast pitch male..........................46’
slow pitch male.............................46’
slow pitch female.............................46’
fast pitch female..........................43’
College.............................................43’

If the base distances or the pitching distance is found to be at the wrong dimensions during the course of the game, correct the error, with no penalty, and continue playing the game. Every effort should be made by the umpire to obtain the correct dimensions.

ADULT

OFFICIAL DISTANCE TABLE

<table>
<thead>
<tr>
<th>GAME</th>
<th>DIVISION</th>
<th>BASES</th>
<th>PITCHING</th>
<th>FENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Minimum</td>
<td>Maximum</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fast Pitch</td>
<td>Women</td>
<td>60’ (18.29 m)</td>
<td>43’ (13.11 m)</td>
<td>200’ (60.96 m)</td>
</tr>
<tr>
<td></td>
<td>Men</td>
<td>60’ (18.29 m)</td>
<td>46’ (14.02 m)</td>
<td>225’ (68.58 m)</td>
</tr>
<tr>
<td>Modified</td>
<td>Women</td>
<td>60’ (18.29 m)</td>
<td>40’ (12.19 m)</td>
<td>200’ (60.96 m)</td>
</tr>
<tr>
<td></td>
<td>Men</td>
<td>60’ (18.29 m)</td>
<td>46’ (14.02 m)</td>
<td>265’ (80.80 m)</td>
</tr>
<tr>
<td>Slow Pitch</td>
<td>Women</td>
<td>70’ (21.33 m)</td>
<td>50’ (15.24 m)</td>
<td>260’ (80.00 m)</td>
</tr>
<tr>
<td></td>
<td>Men</td>
<td>70’ (21.33 m)</td>
<td>50’ (15.24 m)</td>
<td>300’ (91.44 m)</td>
</tr>
<tr>
<td>Co-ed</td>
<td>Women</td>
<td>70’ (21.33 m)</td>
<td>50’ (15.24 m)</td>
<td>275’ (83.82 m)</td>
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<tr>
<td></td>
<td>Men</td>
<td>70’ (21.33 m)</td>
<td>50’ (15.24 m)</td>
<td>275’ (83.82 m)</td>
</tr>
</tbody>
</table>

16-inch

<table>
<thead>
<tr>
<th>GAME</th>
<th>DIVISION</th>
<th>BASES</th>
<th>PITCHING</th>
<th>FENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Minimum</td>
<td>Maximum</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Slow Pitch</td>
<td>Women</td>
<td>55’ (16.76 m)</td>
<td>36’ (11.58 m)</td>
<td>200’ (60.96 m)</td>
</tr>
<tr>
<td>Slow Pitch</td>
<td>Men</td>
<td>60’ (18.29 m)</td>
<td>36’ (11.58 m)</td>
<td>250’ (76.20 m)</td>
</tr>
</tbody>
</table>

YOUTH

<table>
<thead>
<tr>
<th>GAME</th>
<th>DIVISION</th>
<th>BASES</th>
<th>PITCHING</th>
<th>FENCES</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Minimum</td>
<td>Maximum</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fast Pitch</td>
<td>Girls 10-U</td>
<td>60’ (18.29 m)</td>
<td>35’ (10.67 m)</td>
<td>175’ (53.34 m)</td>
</tr>
<tr>
<td></td>
<td>Girls 12-U</td>
<td>60’ (18.29 m)</td>
<td>40’ (12.19 m)</td>
<td>200’ (60.96 m)</td>
</tr>
<tr>
<td></td>
<td>Girls 14-U</td>
<td>60’ (18.29 m)</td>
<td>43’ (13.11 m)</td>
<td>200’ (60.96 m)</td>
</tr>
<tr>
<td></td>
<td>Girls 16-U</td>
<td>60’ (18.29 m)</td>
<td>46’ (14.02 m)</td>
<td>200’ (60.96 m)</td>
</tr>
<tr>
<td></td>
<td>Girls 18-U</td>
<td>60’ (18.29 m)</td>
<td>46’ (14.02 m)</td>
<td>225’ (68.58 m)</td>
</tr>
<tr>
<td>Slow Girls 10-U</td>
<td>60’ (18.29 m)</td>
<td>35’ (10.67 m)</td>
<td>175’ (53.34 m)</td>
<td>225’</td>
</tr>
<tr>
<td>Slow Girls 12-U</td>
<td>60’ (18.29 m)</td>
<td>40’ (12.19 m)</td>
<td>200’ (60.96 m)</td>
<td>225’</td>
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<td>43’ (13.11 m)</td>
<td>200’ (60.96 m)</td>
<td>225’</td>
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<tr>
<td>Slow Girls 16-U</td>
<td>60’ (18.29 m)</td>
<td>46’ (14.02 m)</td>
<td>200’ (60.96 m)</td>
<td>225’</td>
</tr>
<tr>
<td>Slow Girls 18-U</td>
<td>60’ (18.29 m)</td>
<td>46’ (14.02 m)</td>
<td>225’ (68.58 m)</td>
<td>250’</td>
</tr>
</tbody>
</table>

If the base distances or the pitching distance is found to be at the wrong dimensions during the course of the game, correct the error, with no penalty, and continue playing the game. Every effort should be made by the umpire to obtain the correct dimensions.
Note: Floating-goal pools used in NCAA competition may exhibit a maximum length of 100 feet (30 meters) and a minimum length of 75 feet (22.9 meters) for men, and a maximum length of 82 feet (25 meters) and a minimum length of 75 feet (22.9 meters) for women. The NCAA floating-goal pool also features a ball-release device at the center circle. All future pools built for NCAA water polo should conform to metric dimensions.

(Diagrams courtesy of NFHS.)
FINA STANDARDS
• Length—50m. When touch panels or electronic timing devices are used, the pool must be of such length that ensures the required distance between the panels.
• Width—25m preferred.
• Depth—A minimum depth of 1.35 meters, extending from 1.0 meter to at least 6.0 meters from the end wall is required for pools with starting blocks. A minimum depth of 1.0 meter is required elsewhere.
• Number of lanes—8. For Olympic Games and World Championships, 10 lanes are required.
• Width of lanes—2.5m minimum with spaces of 0.2m outside first and last lanes. A lane rope must separate these spaces from the first and last lanes.

USA SWIMMING STANDARDS
• Length—Long course, 164’/2’ (50m); short course, 82’/2’ (25m) or 25 yds.
• Width—Eight lanes, 8’2/’2 (2.5m) minimum (centerline to centerline), with approximately 16’ (0.45m) of open water outside first and last lanes.
• Water depth—For national championships and international competition, 6’7” (2m) throughout the course. Minimum water depth for racing starts during competition and practice shall be measured for a distance of 3’3/’ (1m) to 16” (5m) from the end wall. Starting requirements and height of starting blocks shall be as follows: Long Course and Short Course meters: (A) In pools with water depth less than 4’ (1.22m) at the starting end, the swimmer must start from within the water; (B) In pools with water depth 4’ (1.22m) or more at the starting end, starting platforms shall be no less than 20” (0.5m) nor more than 2’5/’ (0.75m) above the water surface. Short Course yards: The front edge of the starting platforms shall be no higher than 2’6” (0.762m) above the surface of the water.

Note: Minimum water depth for teaching racing starts in any setting from any height starting blocks or the deck shall be 6’ (1.84m) measured for a distance of 3’3’ (1m) to 16” (5m) from the end wall.

FINA AND USA DIVING DIMENSIONS FOR DIVING FACILITIES

- **SPRINGBOARD PLATFORM**
  - **FINA Dimensions for Diving Facilities**
  - **As of 15 March 2010**
  - **FINA (see FR 5.3.1)**
  - **SPRINGBOARD**
  - **PLATFORM**
  - **Length**
    - 4.80
    - 4.80
  - **Width**
    - 0.50
    - 0.50
  - **Height**
    - 1.50
    - 1.50

- **USA SWIMMING STANDARDS**
  - **Length**
    - Long course, 164’/2’ (50m); short course, 82’/2’ (25m) or 25 yds.
  - **Width**
    - Eight lanes, 8’2/’2 (2.5m) minimum (centerline to centerline), with approximately 16’ (0.45m) of open water outside first and last lanes.
  - **Water depth**
    - For national championships and international competition, 6’7” (2m) throughout the course. Minimum water depth for racing starts during competition and practice shall be measured for a distance of 3’3/’ (1m) to 16” (5m) from the end wall.

FOR MORE INFORMATION CONTACT:

**USA Swimming**
(719) 866-4578
WWW.usaswimming.org

**USA Diving**
(317) 237-5252
WWW.usadiving.org

The last row in dimensions A and J/K are to be used when FINA approved short fulcrum boxes are installed on concrete platforms.

**Note:** Dimensions (C) (plumbed to adjacent plummet) are to be increased by half the additional width(s).
The following are NCAA standard pool dimensions. These are recommended dimensions for collegiate competition only, and specifications are subject to annual review and change.

### Long-Course Swimming
- **Preferred**—For facilities dated after Sept. 1, 1996, it is preferred that the racing course be 50m (164' 1/2") in length by 75' (22.86m) in width, providing for eight 9' (2.74m) lanes with additional width outside lanes 1 and 8. A minimum water depth of 7' (2.13m) is desirable for competition. Optional markings: nine 8' (2.44m) lanes or ten 7' (2.13m) lanes.
- **Acceptable**—For existing facilities, it is acceptable that the racing course be 50m (164' 1/2") in length by 60' (18.29m) in width, providing for eight 7' (2.13m) lanes with additional width outside lanes 1 and 8. The water depth may be no less than 4' (1.22m) at the starting end of the racing course and no less than 3'6" (1.07m) at the opposite end. However, a water depth of no less than 7' (2.13m) is recommended throughout the entire length of the racing course.

### Short-Course Swimming
- **Preferred yards**—The racing course should be 75' (22.86m) in length by at least 60' (18.29m) in width, providing for not less than eight 7' (2.13m) lanes with additional width outside lanes 1 and 8. The water depth may be no less than 4' (1.22m) at the starting end of the racing course and no less than 3'6" (1.07m) at the opposite end. However, a water depth of no less than 4' (1.22m) is recommended throughout the entire length of the racing course.
- **Preferred meters**—The racing course should be 25m, (82' 1/4") in length by at least 60' (18.29m) in width, providing for eight 7' (2.13m) lanes with additional width outside lanes 1 and 8. A minimum water depth of 7' (2.13m) is desirable for optimal competition conditions.
- **Acceptable yards**—The racing course may be 75' (22.86m) in length by 30' (9.15m) in width, providing for at least five 6' (1.83m) lanes. The water depth may be no less than 4' (1.22m) at the starting end of the racing course and no less than 3'6" (1.07m) at the opposite end. However, a water depth of no less than 4' (1.22m) is recommended throughout the entire length of the racing course.
- **Acceptable meters**—The racing course may be 25m, (82' 1/4") in length by at least 30' (9.15m) in width, providing for at least five 6' (1.83m) lanes. The water depth may be no less than 4' (1.22m) at the starting end of the racing course and no less than 3'5" (1.07m) at the opposite end. However, a water depth of no less than 4' (1.22m) is recommended throughout the entire length of the racing course.

### Diving Pool
- **Preferred**—The diving facility should be 60' (18.29m) in length by 75' (22.86m) in width. It should be equipped with two 1-meter and two 3-meter springboards and a diving tower, providing takeoff platforms at 5, 7.5 and 10 meters. Recommended dimensions for diving facilities are specified in the table on the left.
- **Acceptable**—The diving facility may be separated from or incorporated with the swimming pool. Recommended dimensions for diving facilities are specified in the table on the left.

**Note:** The above dimensions may be incorporated in "L," "T," "Z" and "U" shaped pools.

### Plunge Depth
For all championship and nonchampionship springboard and platform diving competitions, the water depths at the plunger may be no less than the minimum standards as specified in the table at left.

**Dimensions**
- **Springboard**
- **Platform**

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SWIMMING & DIVING

The following net heights are currently in practice for the below indicated age groups and scholastic levels of competition:

**AGE GROUPS**
- **18 to 15 years (Girls/Boys/Coed):** 2.24m (7'4 1/8")
- **14 and 13 years (Girls/Boys/Coed):** 2.24m (7'4 1/8")
- **12 and 11 years (Girls/Boys/Coed):** 2.13m (7'0")
- **10 years and under (Girls/Boys/Coed):** 1.98m (6'6")

**SCHOLASTIC LEVELS**
- **Grades 1 through 6 (Elementary School):**
  - **Girls:** 1.85m (6'1")
  - **Boys/Coed:** 2.24m (7'4 1/8")
- **Grades 7 and 8 (Middle School):**
  - **Girls:** 2.24m (7'4 1/8")
  - **Boys/Coed:** 2.43m (7'11 5/8")
- **Grades 9 through 12 (High School):**
  - **Girls:** 2.43m (7'11 5/8")
  - **Boys/Coed:** 2.43m (7'11 5/8")

**Number of Lanes**
All championship swimming competitions shall be conducted in racing courses having a minimum of six, 6-foot lanes. It is recommended that the racing course have a minimum of eight, 6-foot lanes.

**Standard Length**
All championship swimming competitions shall be conducted in racing courses of standard length (75 feet 1 inch; 25 meters 2.54 centimeters; or 50 meters 2.54 centimeters).
Note: A 3-meter segment centered within and as part of the center line may be of a contrasting color to the rest of the line.

For more information contact:
USA Team Handball
(719) 866-2203
www.usateamhandball.org

Note: All dimensions are to the outside edge of the lines. All playing lines are 2" in width, except the base line which may be between 2" and 4" in width.

For more information contact:
American Sports Builders Association
(410) 730-9595
www.sportsbuilders.org

U.S. Tennis Association
(914) 696-7000
www.usta.com
Dimensions for track and field events appearing in the following diagrams are based on requirements set forth by the various governing bodies. There are variations included in the following diagrams that are requirements and recommendations for facilities governed by the National Federation of State High School Associations (NFHS), the National Collegiate Athletic Association (NCAA), USA Track & Field (USATF) or the International Amateur Athletic Federation (IAAF). Please consult the appropriate governing body or the American Sports Builders Association for specific information. Rules allow variation in geometry and layout. The diagrams appearing in this section merely serve as examples.

**IAAF STANDARD 400 METER TRACK**

![Diagram of IAAF Standard 400 Meter Track]

**400 METER EVENTS**

![Diagram of 400 Meter Events]

*Note: This diagram indicates just one example of a 400 meter event layout. This specific example includes a measure line distance that is not recommended for tracks surrounding soccer, field hockey or lacrosse fields.*
TRACK & FIELD

TRACK/PLAYING FIELD CONFIGURATION

SHOT PUT PAD

1/4" STONE CHIPS
1/2" DEPTH
SIDE BOARD

2" WIDE PAINTED STRIPE/FLAT ON A 3/4" RECESSED CIRCLE
1/4" GROOVES FOR DRAINAGE OF RECESSED CIRCLE ONLY
6" REINFORCED CONCRETE SLAB WITH LIGHT BROWN FINISH

SUGGESTED DISCUS/ HAMMER CAGE

JAVELIN RUNWAY

33.5M to 36.5M
8.0M
4.0M
1.0M SURFACE EXTENSION BEYOND STOP BOARD

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**POLE VAULT LANDING AREA**

**Note:** These diagrams depict an example of a high school pole vault landing area.

**LONG JUMP/TRIPLE JUMP PIT PLAN**

**Note:** Concrete curb to be designed in accordance with the geotechnical report and regional frost conditions.

**HIGH JUMP DETAIL**

(Pole vault landing area diagrams courtesy of the NFHS; all other diagrams courtesy of the ASBA.)

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**FOR MORE INFORMATION CONTACT:**

**America Sports Builders Association**
(410) 730-9595
www.sportsbuilders.org

**USA Track & Field**
(317) 261-0500
www.usatf.org

**National Federation of State High School Associations**
(317) 972-6900
www.nfhs.org
WRESTLING INTERNSATIONAL

DIAGRAMS COURTESY OF USA WRESTLING.

NATIONAL COLLEGIATE ATHLETIC ASSOCIATION
(317) 917-6222
www.ncaa.org

NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS
(317) 972-6900
www.nfhs.org

USA WRESTLING
(719) 598-8181
www.themat.com

FOR MORE INFORMATION CONTACT:

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS
(317) 972-6900
www.nfhs.org

USA WRESTLING
(719) 598-8181
www.themat.com

HIGH SCHOOL

Green
Red

Ten Foot Circle With Starting Lines

Starting Lines

INTERNATIONAL

(Diagrams courtesy of USA Wrestling.)